Home Visiting Program

HRSA Maternal & Child Health

Maine

Maine Families Home Visiting Program is funded in part through federal investments from the Maternal, Infant, and Early Childhood Home Visiting Program (Home Visiting Program), and provides voluntary, evidence-based home visiting services to at-risk pregnant women and parents with young children.

The Home Visiting Program, which builds upon decades of scientific research, provides voluntary, culturally-appropriate, individually-tailored supports to families in their homes, including providing information about children's health, development, and safety, and when appropriate, referrals to support services.

Through federal grants from the Home Visiting Program, in fiscal year 2015, home visitors in Maine:

- made 23,420 home visits to 6,427 parents and children in 2,455 families;
- enrolled 2,565 new parents and children to the program; and
- served families living in communities in 16 counties across the state, or 100% of Maine counties, of which 11 counties, or 69%, are rural.

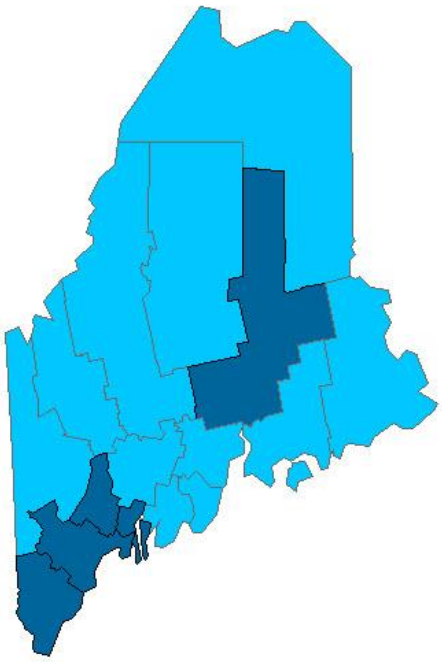
The Home Visiting Program in Maine:

- provided reflective practice supervision and clinical supervision at all sites;
- expanded home visiting eligibility from first-time parents to any parent expecting or with a new baby who are in need of services; and
- improved early childhood systems integration and coordination of programming.

Like all Federal Home Visiting Program grantees, Maine uses home visiting models that are proven effective. Maine leverages federal funds to implement the following evidence-based models to serve children and families across the state:

- Parents as Teachers

Counties with home visiting services funded by federal grants from the Home Visiting Program (as of February 2016)*:



Rural counties:
Aroostook, Franklin, Hancock, Kennebec, Knox, Lincoln, Oxford, Piscataquis, Somerset, Waldo, Washington

Non-rural counties:
Androscoggin, Cumberland, Penobscot, Sagadahoc, York

More about Maine:

Maine Families Home Visiting Program

National Survey of Children's Health 2011/2012 Maine Profile

Title V MCH Block Grant Snapshot for Maine

The Maternal, Infant, and Early Childhood Home Visiting Program is administered by the Health Resources and Services Administration (HRSA) in close partnership with the Administration for Children and Families (ACF). The Program supports at-risk pregnant women and families, and helps parents of children from birth to kindergarten entry tap the resources and hone the skills they need to raise children who are physically, socially, and emotionally healthy and ready to learn.

Research shows that home visits by a nurse, social worker, early childhood educator, or other trained professional during pregnancy and in the first years of life improve maternal and child health, prevent child abuse and neglect, increase positive parenting, and enhance child development and school readiness.