

# Colorado

Summer 2011

## Title V Women's Health-Related Priority Needs:

- ▶ Promote preconception health among women and men of reproductive age with a focus on intended pregnancy and healthy weight.
- ▶ Improve screening, referral, and support for perinatal depression.

### State Performance and Outcome Measures Associated with Women's Health-Related Priority Needs

**State Performance Measure 1:** Increase the percent of sexually active women and men aged 18–44 years using an effective method of birth control to prevent pregnancy.

*Data Source:* BRFSS

*Measure Definition:* Methods of birth control considered effective for this measure include tubal ligation, vasectomy, hysterectomy, oral contraceptive (the pill), injectable contraceptive (e.g., Depo shot, Lunelle shot), contraceptive patch, contraceptive ring, contraceptive implant (e.g. Norplant), and IUD.

**State Performance Measure 2:** Decrease the percent of live births to mothers who were overweight or obese based on BMI before pregnancy .

*Data Source:* Vital statistics

*Measure Definition:* Overweight or obese mothers are defined as having a pre-pregnancy body mass index of 25.0-29.9 (overweight) or  $\geq 30.0$  (obese) .

**State Performance Measure 3:** Increase the percent of mothers reporting that a doctor, nurse, or other health care worker talked with them about what to do if they felt depressed during pregnancy or after delivery.

*Data Source:* PRAMS

*Measure Definition:* Percent of mothers reporting that a doctor, nurse, or other health care worker talked with them about what to do if they felt depressed during pregnancy or after delivery. The percent shown is weighted to reflect all mothers in Colorado.

### Additional Data Associated with Women's Health-Related Priority Needs

*This section lists other data sources that Title V agencies included in their 2010 Needs Assessments regarding the status of women's health outside of pregnancy.*

Percent of births to women that were intended or unintended.

*Data Source:* PRAMS

Percent of women reporting postpartum depression symptoms following delivery.

*Data Source:* PRAMS

The information presented here reflects only women's health-related content reported by the Title V agency in its FY 2011 MCH Block Grant Application, FY 2009 Annual Report and 2010 Needs Assessment. This information, as well as all Title V agencies' most current priority needs, performance and outcome measures, can be found at: <https://perfdata.hrsa.gov/MCHB/TVISReports/MeasurementData/MeasurementDataMenu.aspx>