



# Maine

Summer 2011

## Title V Women's Health-Related Priority Needs:

- ▶ Reduce suicide and self-inflicted injury in the MCH population in Maine.
- ▶ Reduce the prevalence of overweight and obesity among children and adults in Maine.
- ▶ Reduce the prevalence of domestic violence and sexual assault and associated health disparities.
- ▶ Improve women's mental health and access to mental health treatment for women suffering from a mental health condition, including postpartum depression.

### State Performance and Outcome Measures Associated with Women's Health-Related Priority Needs

**State Performance Measure 2:** Reduce the percent of adult women reporting sexual assault or intimate partner violence within the previous 12 months.

*Data Source:* BRFSS

*Measure Definition:* Weighted proportion of females aged 18 and older reporting intimate partner violence or sexual assault within the previous 12 months.

**State Performance Measure 4:** Reduce the rate of unintended births among women under age 24.

*Data Source:* PRAMS

*Measure Definition:* Births to women who reported that they wanted to be pregnant later, or not currently nor anytime in the future.

**State Performance Measure 6:** Increase the percent of women with depressive symptoms receiving medication or treatment for a mental health or emotional condition by a doctor or other health care provider.

*Data Source:* BRFSS

*Measure Definition:* Weighted percent of women aged 18 and older in Maine who report receiving treatment or medication for a mental health condition if they also report symptoms of depression on Maine's Behavioral Risk Factor Surveillance System.

## Additional Data Associated with Women's Health-Related Priority Needs

*This section lists other data sources that Title V agencies included in their 2010 Needs Assessments regarding the status of women's health outside of pregnancy.*

Percent of female respondents who have experienced rape or attempted rape during their lifetime.

*Data Source:* Maine Crime Victimization Report; Informing Public Policy for Safer Communities, 2007

Percent of total emergency shelter users who used domestic violence shelters.

*Data Source:* Maine State Housing Authority homelessness data

Percent of hospital discharges among women aged 18–44 that were reported to be the result of self-inflicted injury.

*Data Source:* Not specified

Percent of new mothers who reported depressive symptoms or a diagnosis of depression.

*Data Source:* PRAMS

Percent of women aged 18–44 who reported eating five or more servings of fruits and vegetables daily.

*Data Source:* BRFSS

Percent of women who were classified as overweight or obese before their most recent pregnancy.

*Data Source:* PRAMS

Percent of women who reported gaining more than 40 pounds during pregnancy.

*Data Source:* Vital statistics

The information presented here reflects only women's health-related content reported by the Title V agency in its FY 2011 MCH Block Grant Application, FY 2009 Annual Report and 2010 Needs Assessment. This information, as well as all Title V agencies' most current priority needs, performance and outcome measures, can be found at:

<https://perfddata.hrsa.gov/MCHB/TVISReports/MeasurementData/MeasurementDataMenu.aspx>