



# Massachusetts

Summer 2011

## Title V Women's Health-Related Priority Needs:

- ▶ Promote healthy weight across the lifespan.
- ▶ Promote emotional wellness and social connectedness across the lifespan.
- ▶ Coordinate preventive oral health measures and promote universal access to affordable dental care.
- ▶ Support reproductive and sexual health by improving access to education and services.
- ▶ Improve the health and well-being of women in their childbearing years.

### State Performance and Outcome Measures Associated with Women's Health-Related Priority Needs

**State Performance Measure 1:** Increase the percent of pregnancies among women aged 18 and over that are intended.

*Data Source:* BRFSS

*Measure Definition:* This measure is based on information from the Massachusetts Behavioral Risk Factor Surveillance System (BRFSS); among women who were pregnant or had been pregnant within the past 5 years when interviewed, the pregnancy was defined as intended (or not unplanned) if she wanted to be pregnant then or sooner.

**State Performance Measure 3:** Reduce the percent of females aged 18–45 reporting binge drinking in the past 30 days.

*Data Source:* BRFSS

*Measure Definition:* This measure is based on information from the Massachusetts Behavioral

Risk Factor Surveillance System (BRFSS); because the BRFSS results are reported as population-based estimates based on weighted survey data, only the percent will be reported, for the specified age group, without numerators and denominators.

**State Performance Measure 4:** Increase the percent of women with a recent live birth who reported that they had their teeth cleaned recently (within 1 year before, during, or after pregnancy).

*Data Source:* PRAMS

*Measure Definition:* This measure is based on information from the Massachusetts PRAMS Survey; because the PRAMS results are reported as population-based estimates based on weighted survey data, only the percent will be reported, without numerators and denominators.

## Additional Data Associated with Women's Health-Related Priority Needs

*This section lists other data sources that Title V agencies included in their 2010 Needs Assessments regarding the status of women's health outside of pregnancy.*

Percent of adult females who reported that they had ever visited a dentist or dental clinic.

*Data Source:* BRFSS

Percent of adult females who reported having lost five or more teeth due to decay or gum disease.

*Data Source:* BRFSS

Percent of women aged 18–44 who reported that cost prevented them from seeing a doctor in the past year.

*Data Source:* BRFSS

Percent of women aged 18–44 who reported they had had a pap smear in the past 3 years.

*Data Source:* BRFSS

Percent of women aged 18–44 who report having fair or poor health.

*Data Source:* BRFSS

Percent of women reporting having had 15 days or more of limited physical or mental health.

*Data Source:* BRFSS

Prevalence of current birth control use by self or partner in women aged 18–44.

*Data Source:* BRFSS

Prevalence of short interpregnancy interval among women.

*Data Source:* Vital statistics

Percent of mothers who reported that they received some form of assistance from a health care provider in becoming pregnant.

*Data Source:* PRAMS

Percent of women who reported having a BMI greater than 25.0 (overweight) or 30.0 (obese).

*Data Source:* BRFSS

Percent of mothers who were overweight or obese prior to their existing pregnancy.

*Data Source:* PRAMS

Percent of women who reported any level of leisure-time physical activity.

*Data Source:* BRFSS

Percent of women who reported being current smokers.

*Data Source:* BRFSS

Percent of women who reported always or often experiencing depressive symptoms during the postpartum period and who sought help for these emotions.

*Data Source:* PRAMS

Percent of women reporting that a health care professional ever told them that they had asthma.

*Data Source:* BRFSS

Percent of women who reported having diabetes.

*Data Source:* BRFSS

The information presented here reflects only women's health-related content reported by the Title V agency in its FY 2011 MCH Block Grant Application, FY 2009 Annual Report and 2010 Needs Assessment. This information, as well as all Title V agencies' most current priority needs, performance and outcome measures, can be found at: <https://perfddata.hrsa.gov/MCHB/TVISReports/MeasurementData/MeasurementDataMenu.aspx>