

Pediatric Mental Health Care Access (PMHCA) Program Fact Sheet

PMHCA Overarching Program Goal

Promote behavioral health integration into pediatric primary care by using telehealth modalities to provide high quality and timely detection, assessment, treatment and referral for children and adolescents, with behavioral health conditions, using evidence-based practices and methods.



PMHCA Program Purpose

Promote behavioral health integration in pediatric primary care in new or existing telehealth access programs.

Provide training and education to support the treatment of children and adolescents with behavioral disorders.

Support telehealth consultation and referral to a local pediatric behavioral health provider, to the extent possible.

Serve as a resource for pediatric primary care providers, psychiatrists, mental health professionals, and care coordinators.

Health Equity

PMHCA recipients focus on achieving health equity related to racial, ethnic, and geographic disparities in access to care, especially in rural and other underserved areas.



PMHCA Priorities

- Increase the availability and accessibility of pediatric mental health teams who provide consultation and referral to pediatric primary care and other providers.
- Conduct training and provide technical assistance to promote early identification, diagnosis, and treatment for children with behavioral health disorders.
- Provide information and assist pediatric providers with timely detection, assessment, treatment, and referral using telehealth and evidence-based practices and methods.
- Improve access to behavioral health treatment and referral services, especially for those living in rural and other underserved areas.
- Focus on achieving health equity in access to behavioral health care, especially in rural and other underserved areas.
- Establish and sustain telehealth technologies, modalities, and care models.

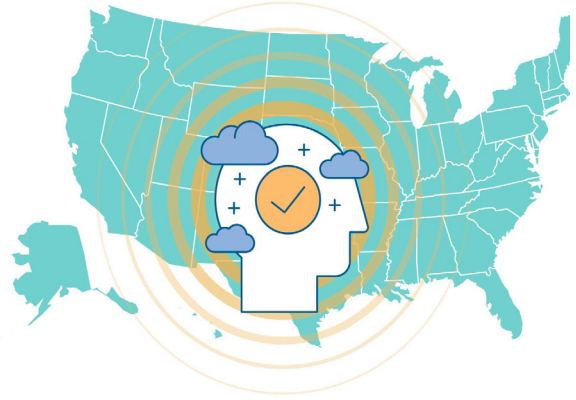


Program Impact

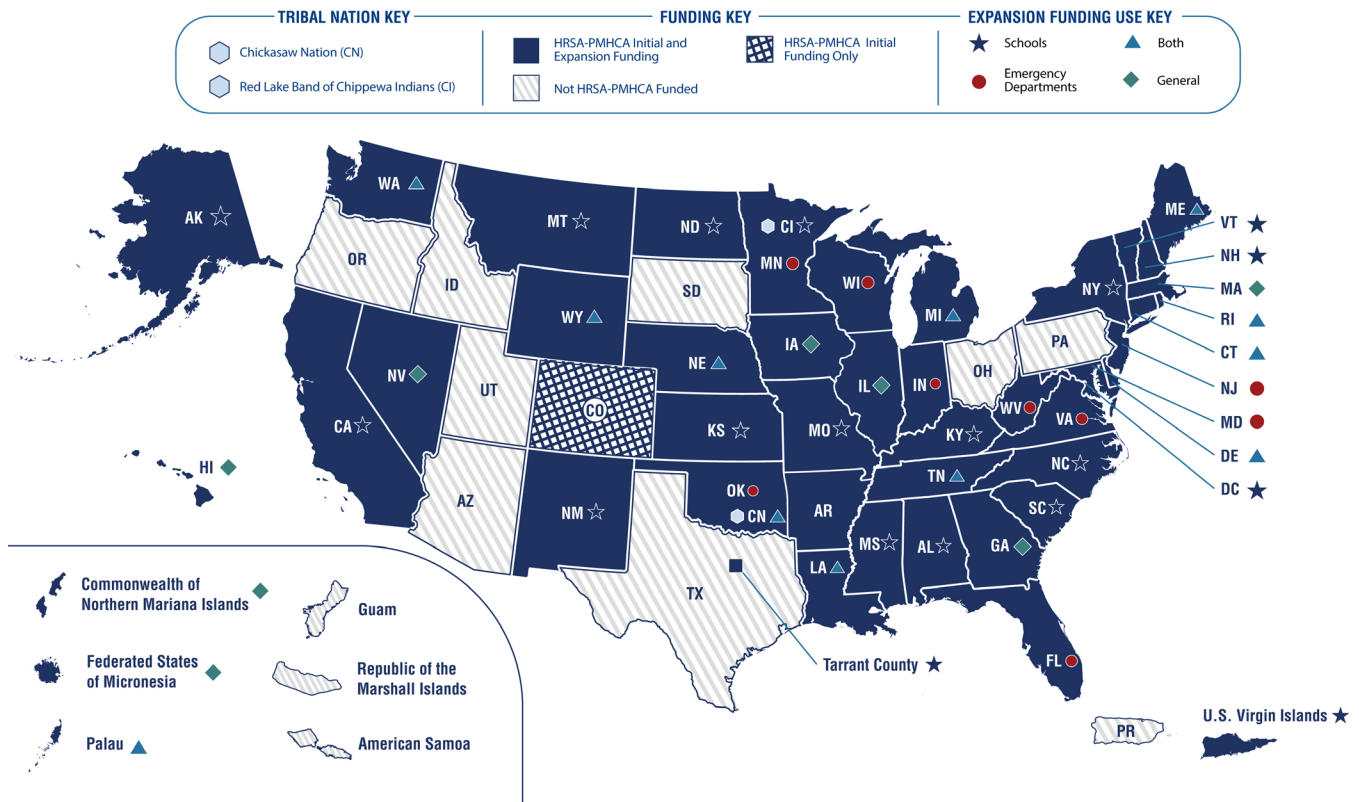
In FY 2022, states demonstrated increased access to pediatric behavioral health care resulting from telehealth efforts through these outcomes:

- Over 8,880 primary care providers in 50 states, tribes, and territories participated in a statewide or regional PMHCA program.
- 10,000 enrolled primary care providers received training.
- Approximately 27,000 children and adolescents overall were served by pediatric primary care providers who contacted pediatric mental health care access programs.
- Approximately 6,800 children and adolescents living in rural and underserved counties were served by pediatric primary care providers who contacted the pediatric mental health team.

PMHCA awardees will report this data annually.



Program Locations



Click here to view the abstracts of all PMHCA funded projects: [Pediatric Mental Health Care Access Program \(PMHCA\) | MCHB \(hrsa.gov\)](https://www.hrsa.gov/pmhca).

Division of MCH Workforce Development (DMCHWD)

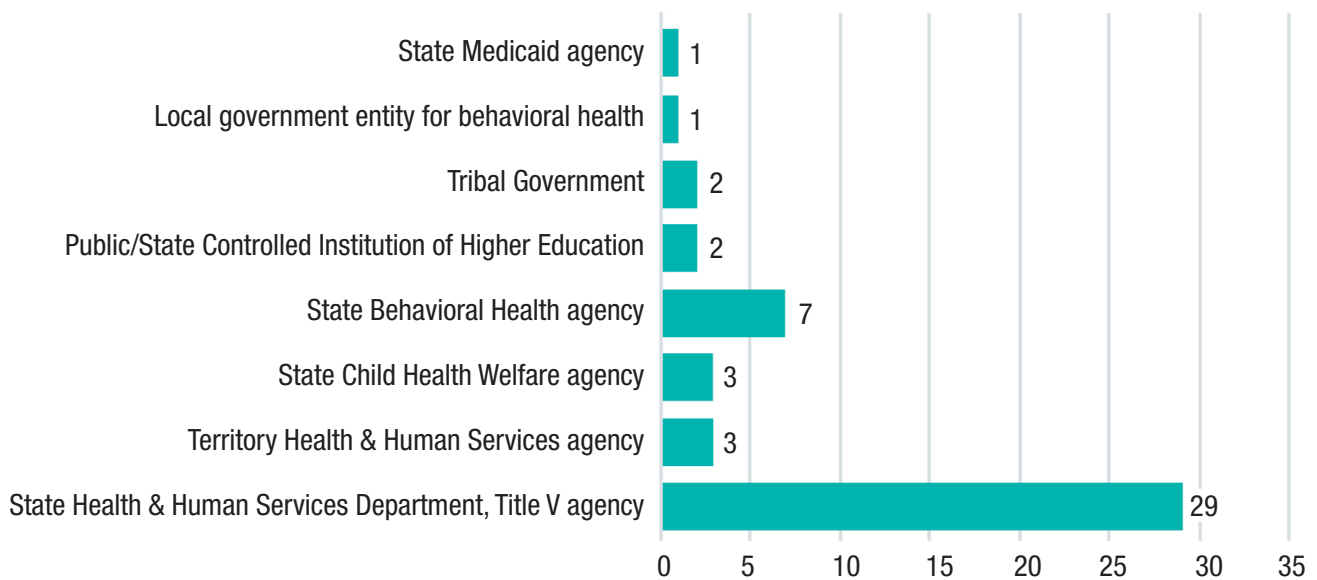
DMCHWD, part of the Health Resources and Services Administration's Maternal and Child Health Bureau, provides national leadership and direction in educating and training our nation's current and future leaders in maternal and child health (MCH). The Division also provides leadership through state and community-based capacity building programs. Special emphasis is placed on the development and implementation of interprofessional, family- and person-centered, community-based and culturally responsive systems of care across the entire life course.

DMCHWD supports programs established in federal legislation ([Title V of the Social Security Act](#), the [Autism CARES Act](#), [American Rescue Plan Act](#), and the [21st Century CURES Act](#)) to complement state and local health agency efforts. DMCHWD partners with state MCH programs, academic institutions, professional organizations, and other health training programs of the federal government to ensure that MCH workforce development programs are grounded in emerging and evidence-based practices.

In FY 2019, DMCHWD awarded 186 grants, an investment of approximately \$57 million.

PMHCA Awardee Lead Agency

PMHCA Awardee Types



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