

# Home Visiting Program

## Minnesota

The Maternal, Infant, and Early Childhood Home Visiting Program (MIECHV Program) supports the Minnesota Home Visiting Program and provides voluntary, evidence-based home visiting services to at-risk pregnant women and parents with young children.

The MIECHV Program, which builds upon decades of scientific research, provides voluntary, culturally-appropriate, individually-tailored supports to families in their homes, including providing information about children's health, development, and safety, and when appropriate, referrals to support services.

Through federal grants from the MIECHV Program, in fiscal year 2016, home visitors in Minnesota:

- Made 21,647 home visits to 3,631 parents and children in 1,945 families
- Enrolled 1,213 new parents and children to the program, or 33% of participants
- Served families living in communities in 33 counties across the state, or 38% of Minnesota counties, of which 23 counties, or 70%, are rural

The MIECHV Program in Minnesota:

- Screened 93% of women within 3 months of birth for postpartum depression symptoms
- Reported that 99% of infants screened at 4 months postpartum for communication and learning skills scored above the cutoff and 98% scored above the cutoff for cognitive skills and emotional well-being
- Developed a CQI learning collaborative designed to increase screening, referral and follow up rates for home visiting clients

Like all MIECHV Program grantees, Minnesota uses evidence-based home visiting models that are proven to improve child health and to be cost effective. Minnesota leverages federal funds to implement the following models to serve children and families across the state:

- [Healthy Families America](#)
- [Nurse-Family Partnership](#)

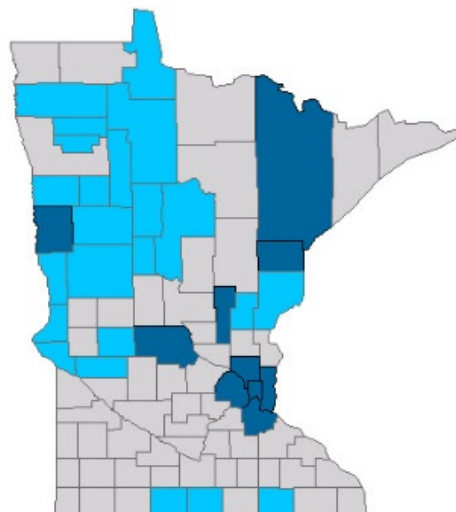
### Counties with home visiting services funded by federal grants from the MIECHV Program (as of March 2017):

#### **Rural counties:**

Becker, Beltrami, Big Stone, Cass, Clearwater, Faribault, Hubbard, Kanabec, Lake of the Woods, Mahnomon, Marshall, Martin, Mower, Norman, Otter Tail, Pennington, Pine, Pope, Red Lake, Swift, Traverse, Wadena, Wilkin

#### **Non-rural counties:**

Anoka, Carlton, Clay, Dakota, Hennepin, Mille Lacs, Ramsey, St. Louis, Stearns, Washington



### More about Minnesota:

[Minnesota Maternal, Infant, and Early Childhood Home Visiting Program](#)

[National Survey of Children's Health 2011/2012 Minnesota Profile](#)

[Title V MCH Block Grant Snapshot for Minnesota](#)

The Maternal, Infant, and Early Childhood Home Visiting Program is administered by the Health Resources and Services Administration (HRSA) in partnership with the Administration for Children and Families (ACF). The Program supports at-risk pregnant women and families, and helps parents of children from birth to kindergarten entry tap the resources and hone the skills they need to raise children who are physically, socially, and emotionally healthy and ready to learn.

Research shows that home visits by a nurse, social worker, early childhood educator, or other trained professional during pregnancy and in the first years of life improve maternal and child health, prevent child abuse and neglect, increase positive parenting, and enhance child development and school readiness.