

MCH Nutrition Training Program Fact Sheet

PROGRAM PURPOSE

The maternal and child health (MCHB) Nutrition Training Program promotes the healthy nutrition of mothers, children, and families by establishing and enhancing nutrition centers of excellence to train future and current MCH nutrition professionals.

The program provides

1. Interdisciplinary graduate education and training with a public health focus and emphasis on MCH populations and services
2. Continuing education, consultation and technical assistance to local, state, and national organizations serving MCH populations while working in collaboration with state Title V and other MCH programs

MCH and public health nutritionists play a pivotal role in integrating primary healthcare and public health interventions and serve as a critical link in clinical-community collaborations. The MCH Nutrition Training Program develops a well-trained, diverse workforce that can effectively design, manage, and deliver nutrition interventions that address population health goals and objectives; provide care in diverse clinical, community, and public health settings; and meet the emerging needs of the MCH population.

This program is included in the [National Strategy on Hunger, Nutrition, and Health \(PDF\)](#).

PROGRAM IMPACT

Trainees

In FY 2022, the MCH Nutrition Training Program trained 1,479 trainees, including 67 long-term trainees, 497 medium-term trainees, and 915 short-term trainees.

Over 35% of long-term trainees are from underrepresented racial groups and 12% are Hispanic/Latino.

In FY 2022, 91% of program graduates (5 years after program completion) were engaged in work related to MCH populations, 96% reported working in an interdisciplinary manner, and 100% demonstrated field leadership in academic, clinical, public health practice, and/or public policy and related activities.

Faculty

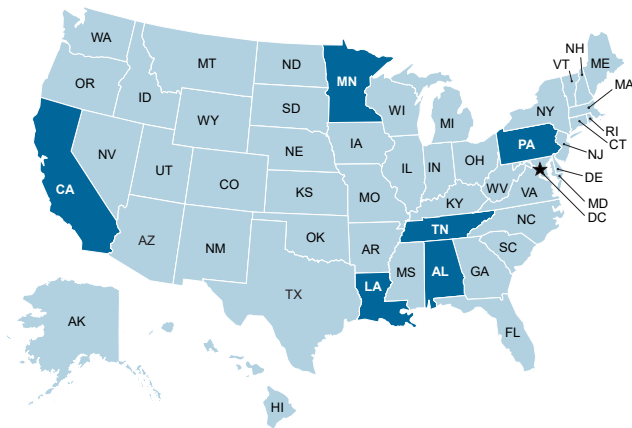
In FY 2022, the MCH Nutrition Training Program faculty offered 68 continuing education events to 6,544 participants.

Title V

In FY 2022, MCH Nutrition Training Programs reported collaborating with state Title V (MCH) agencies on 230 activities in areas of service, training, continuing education, technical assistance, product development, and research.

STRENGTHENING AND DIVERSIFYING THE NUTRITION WORKFORCE

In FY23, HRSA launched the [Nutrition Workforce Equity Enhancement](#) to strengthen partnerships with Minority Serving Institutions and build a broader infrastructure to recruit and support undergraduate nutrition students from underrepresented groups. This project will serve as a model to create additional MCH nutrition career pathways and increase racial and ethnic diversity in the nutrition workforce.



PROGRAM LOCATIONS

Alabama

- [University of Alabama at Birmingham](#)

California

- [University of California at Los Angeles](#)
- [University of California at Berkeley](#)

Louisiana

- [Tulane University](#)

Minnesota

- [University of Minnesota, Minneapolis](#)

Pennsylvania

- [Pennsylvania State University](#)

Tennessee

- [University of Tennessee at Knoxville](#)

DIVISION OF MCH WORKFORCE DEVELOPMENT (DMCHWD)

DMCHWD, part of the Health Resources and Services Administration's (HRSA) Maternal and Child Health Bureau (MCHB), provides national leadership and direction in educating and training our nation's current and future leaders in maternal and child health (MCH). The Division also provides leadership through state and community-based capacity building programs.

Special emphasis is placed on the development and implementation of interprofessional, family- and person centered, community-based and culturally responsive systems of care across the entire life course.

DMCHWD supports programs established in federal legislation ([Title V of the Social Security Act](#), the [Autism CARES Act](#), and [§ 330M of the Public Health Service Act \(42 USC 254c-19\)](#), as added by the [21st Century Cures Act \(P.L. 114-255\)](#) and amended by the [Bipartisan Safer Communities Act \(P.L. 117-159\)](#)) to complement state and local health agency efforts. DMCHWD partners with state MCH programs, academic institutions, professional organizations, and other health training programs of the federal government to ensure that MCH workforce development programs are grounded in emerging and evidence-based practices.

DMCHWD Training Website: mchb.hrsa.gov/training

Last Reviewed July 2024