

# Pediatric Mental Health Care Access Program Fact Sheet

## PROGRAM PURPOSE

The Pediatric Mental Health Care Access (PMHCA) Program promotes behavioral health integration into pediatric primary care using telehealth. Statewide or regional networks of pediatric mental health teams provide teleconsultation, training, technical assistance, and care coordination support services for pediatric primary care and other providers to recognize pediatric behavioral health conditions and to diagnose, treat and refer children with such conditions. The overarching goal of the program is to use telehealth modalities to provide high quality and timely detection, assessment, treatment, and referral of children and adolescents with behavioral health conditions, using evidence-based practices and methods. PMHCA recipients will focus on achieving health equity related to racial, ethnic, and geographic disparities in access to care, especially in rural and other underserved areas.

The PMHCA Program has the following priorities:

- Increase the availability and accessibility of statewide or regional networks of pediatric mental health teams composed of child and adolescent psychiatrists, licensed mental health professionals, and care coordinators who will provide consultation and referral to pediatric primary care and other providers.
- Conduct training and provide technical assistance and care coordination support services to pediatric primary care and other providers to enable them to conduct early identification, diagnosis, and treatment of behavioral health conditions.
- Provide information to pediatric providers about and assist pediatric providers in accessing pediatric behavioral clinicians.
- Improve access to treatment and referral services for children and adolescents with identified behavioral health conditions through telehealth, especially those living in rural and other underserved areas.
- Focus on achieving health equity related to racial, ethnic, and geographic disparities in access to behavioral health care, especially in rural and other underserved areas.
- Establish and sustain the use of telehealth technologies, modalities, and care models.

## PROGRAM IMPACT

In FY 2022, awardees reported the following:

- Over 8,700 providers in 45 states participated in a statewide or regional PMHCA program.
- Over 36,800 tele-consultations were provided, and approximately 10,500 providers were trained.
- Approximately 26,900 children and adolescents overall were served by pediatric providers who contacted the pediatric mental health team.
- Approximately 6,800 children and adolescents living in rural and underserved counties were served by pediatric providers who contacted the pediatric mental health team.

## PROGRAM CONTACTS

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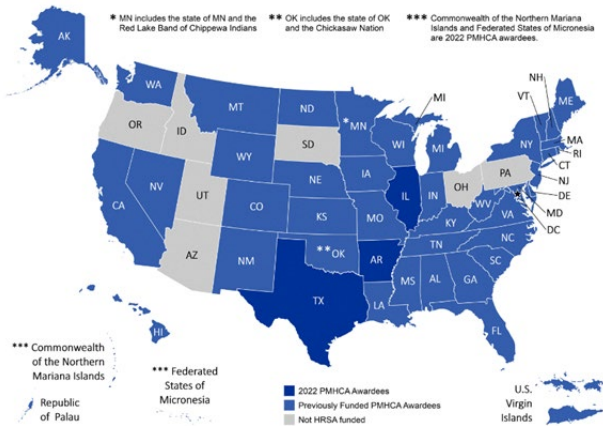
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## PROGRAM LOCATIONS



- Alabama Department of Mental Health
- Alaska Department of Health and Social Services
- California: Regents of the University of California, San Francisco
- Colorado Department of Public Health and Environment
- Commonwealth Health Care Corporation
- Connecticut Department of Children and Families
- Delaware Department of Services for Children, Youth, and their Families
- Government of District of Columbia
- Federated States of Micronesia Department of Health and Social Affairs
- Florida Department of Health
- Georgia Department of Behavioral Health and Developmental Disabilities
- Hawaii Department of Health
- Illinois Department of Public Health
- Indiana Family and Social Services Administration
- Iowa Department of Public Health
- Kansas Department of Health and Environment
- Kentucky Cabinet for Health and Family Services
- Louisiana Department of Health
- Maine Department of Health and Human Services
- Maryland Department of Health, Behavioral Health Administration
- Massachusetts Department of Public Health
- Michigan Department of Health and Human Services
- Minnesota Department of Health
- Minnesota: Red Lake Band of Chippewa Indians
- Mississippi Department of Mental Health
- Missouri Department of Mental Health
- Montana Department of Public Health and Human Services
- My Health My Resources of Tarrant County
- Nebraska Department of Health and Human Services
- Nevada Division of Child and Family Services
- The Republic of Palau

- Rhode Island Department of Health
- South Carolina Department of Mental Health
- Tennessee Department of Health
- University of Arkansas System
- Vermont Agency of Human Services
- Virgin Islands Department of Health Group
- Virginia Department of Health
- Washington State Department of Health
- West Virginia Department of Health and Human Resources
- Wisconsin Department of Health Services
- Wyoming Department of Health

## DIVISION OF MCH WORKFORCE DEVELOPMENT (DMCHWD)

DMCHWD, part of the Health Resources and Services Administration’s Maternal and Child Health Bureau, provides national leadership and direction in educating and training our nation’s current and future leaders in maternal and child health (MCH). The Division also provides leadership through state and community-based capacity building programs.

Special emphasis is placed on the development and implementation of interprofessional, family- and person-centered, community-based and culturally responsive systems of care across the entire life course.

DMCHWD supports programs established in federal legislation ([Title V of the Social Security Act](#), the [Autism CARES Act](#), and § 330M of the Public Health Service Act (42 USC 254c-19), as added by the 21st Century Cures Act (P.L. 114-255) and amended by the Bipartisan Safer Communities Act (P.L. 117-159)) to complement state and local health agency efforts. DMCHWD partners with state MCH programs, academic institutions, professional organizations, and other health training programs of the federal government to ensure that MCH workforce development programs are grounded in emerging and evidence-based practices.