

# **HRSA MCHB 21st Century Cures Act Programs**

# **Providing Access to Behavioral Health Care for Pediatric & Maternal Populations**

Launched in 2018, these programs are supporting behavioral health integration in primary care and maternal health through new and expanding telehealth access programs-including screening, providing clinical behavioral health consultation, care coordination support, and training-with a focus on rural and underserved areas.

Expansion

Screening and Treatment for

		New	Expansio
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#### **Pediatric Mental Health Care** Access (PMHCA) Program

Promotes behavioral health integration in pediatric primary care by supporting the development of new-or the improvement of existing-statewide or regional pediatric mental health care telehealth access programs

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18	5	\$445K	\$7.9M
Cooperative	Years	per year	in FY '18
agreements			





New





# **Health Care Providers Targeted for Enrollment**

РМНСА		MDRBD
<u>18</u> ******	Pediatricians	<b>*</b> • • • • • • • • • • • • • • • • • • •
<u>18</u> ******	Family Physicians	
<u> </u>	Nurse Practitioners	
<b>15</b>	Physician Assistants	
6 * * * * * * * * * * * * * * * * * * *	Behavioral Health Providers	
3 * * * * * * * * * * * * * * * * * * *	Case Coordinators	
	Obstetricians/Gynecologists	<b>**</b> * <b>*</b> * <b>*</b> **************************
	Primary Care Providers	<b>***</b> *****
	Nurse Midwives	<b>*************</b>
④ * * * * * * * * * * * * * * * * * * *	Other	<b>****</b>
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# How Programs Plan to Expand Access to Care in **Rural and Underserved Areas With Telehealth Technologies**

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## **Community Partners Dedicated** to Behavioral Health Integration in Primary Care and Maternal Health



(e.g., Title V agencies, substance use or mental health authorities, offices of rural health)



Health care organizations, public/private insurers (e.g., health systems, hospitals, Medicaid, commercial)



Families with lived experience, patient support/advocacy organizations



State chapters of medical/professional associations, primary care providers



Universities

Other (e.g., foundations, local

evaluators, training organizations)

11

13

5

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\*Values add to more than total number of awardees because they plan to use more than one type of telehealth.

## Looking Ahead: Goals for the Future



#### Among pediatric primary care providers caring for children and adolescents with, or at risk of, behavioral health disorders

#### Increase

- Networks of pediatric mental health teams through telehealth consultation and referral
- Trainings and technical assistance on early identification, diagnosis, and treatment
- Information distributed via telehealth methods on timely detection, assessment, treatment, and referral
- Access to treatment and recovery support in rural and medically underserved areas



Among pregnant and

postpartum women

with, or at risk of,

related behavioral

health disorders

depression and

#### Increase

- Universal screening
- Timely detection, assessment, treatment, and referral
- Access to treatment and recovery support in rural and medically underserved areas

For more information about this program, go to http://www.mchb.hrsa.gov/training/about-programs.asp