Screening and Treatment for Maternal Mental Health and Substance Use Disorders Program Fact Sheet

What is this program?

This program aims to expand health care providers' capacity to screen, assess, treat, and refer patients for maternal mental health and substance use disorders during or after pregnancy.

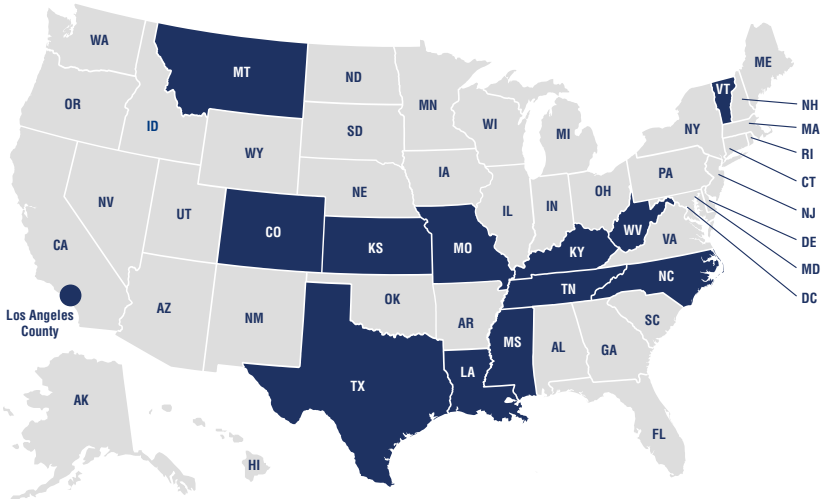
Why is it important?

Mental health and substance use conditions like depression, anxiety, and opioid use disorder are top causes for maternal deaths in the United States. These conditions can lead to severe problems, including suicide or overdose during or after pregnancy. Disparities in access to care can make this situation more challenging for some populations and communities, including when care and treatment is not responsive to patients' cultural, social, or language needs.

How does the program support health providers?

- Offers free psychiatric consultation, either in-person or online, to obstetricians, midwives, and primary care providers who care for pregnant and postpartum people.
- Provides training for health care professionals such as obstetricians, midwives, primary care providers, doulas, and community health workers on how to screen, assess, and treat mental health and substance use issues.
- Helps health care professionals coordinate care and connect their patients to treatment and support services for mental health issues and substance use disorders.

Where are the 13 MMHSUD programs located?



Statewide programs are available in Colorado, Kansas, Kentucky, Louisiana, Missouri, Mississippi, Montana, North Carolina, Tennessee, Texas, Vermont, and West Virginia. There is also a regional program in Los Angeles County, California.

For more details and contact information, visit the HRSA Maternal and Child Health website for Screening and Treatment for Maternal Mental Health and Substance Use Disorders (MMHSUD).

Learn more at https://mchb.hrsa.gov

HRSA Maternal & Child Health