Providing Access to Behavioral Health Care for Pediatric & Maternal Populations

Launched in 2018, these programs are supporting behavioral health integration in primary care and maternal health through new and expanding telehealth access programs—including screening, providing clinical behavioral health consultation, care coordination support, and training—with a focus on rural and underserved areas.

**Pediatric Mental Health Care Access (PMHCA) Program**
- Promotes behavioral health integration in pediatric primary care by supporting the development of new—or the improvement of existing—statewide or regional pediatric mental health care telehealth access programs
- **18 Cooperative agreements**
- **5 Years**
- **$445K per year**
- **$7.9M in FY '18**
- **New**
- **Expansion**

**Screening and Treatment for Maternal Depression and Related Behavioral Disorders (MDRBD) Program**
- Expands health care providers’ capacity to screen, assess, treat, and refer pregnant and postpartum women for maternal depression and related behavioral health disorders
- **7 Cooperative agreements**
- **5 Years**
- **$80K per year**
- **$4.5M in FY '18**
- **New**
- **Expansion**

**Health Care Providers Targeted for Enrollment**
- PMHCA
  - Pediatricians
  - Family Physicians
  - Nurse Practitioners
  - Physician Assistants
  - Behavioral Health Providers
  - Case Coordinators
  - Obstetricians/Gynecologists
  - Primary Care Providers
  - Nurse Midwives
  - Other
- MDRBD
  - Pediatricians
  - Family Physicians
  - Nurse Practitioners
  - Physician Assistants
  - Behavioral Health Providers
  - Case Coordinators
  - Obstetricians/Gynecologists
  - Primary Care Providers
  - Nurse Midwives
  - Other

**Community Partners Dedicated to Behavioral Health Integration in Primary Care and Maternal Health**
- PMHCA
  - Federal, state, and territorial partners (e.g., Title V agencies, substance use or mental health authorities, offices of rural health)
  - **17**
  - **7**
- MDRBD
  - Health care organizations, public/private insurers (e.g., health systems, hospitals, Medicaid, commercial)
  - **11**
  - **4**
  - Families with lived experience, patient support/advocacy organizations
  - **13**
  - **6**
  - State chapters of medical/professional associations, primary care providers
  - **12**
  - **5**
  - Universities
  - **11**
  - **5**
  - Other (e.g., foundations, local evaluators, training organizations)
  - **13**
  - **4**

**Looking Ahead: Goals for the Future**
- PMHCA
  - Among pediatric primary care providers caring for children and adolescents with, or at risk of, behavioral health disorders
  - Increase
- MDRBD
  - Among pregnant and postpartum women with, or at risk of, depression and related behavioral health disorders
  - Increase

For more information about this program, go to [http://www.mchb.hrsa.gov/training/about-programs.asp](http://www.mchb.hrsa.gov/training/about-programs.asp)