

Leadership Education in Adolescent Health (LEAH) Fact Sheet

PROGRAM PURPOSE

The Leadership Education in Adolescent Health (LEAH) programs prepare maternal and child health leaders in adolescent and young adult health within at least five (5) core disciplines, including medicine, nursing, nutrition, psychology, and social work by providing interdisciplinary leadership training to health and related professionals at the graduate and postgraduate levels.

The LEAH program:

- **Prepares** trainees/fellows for leadership roles in public health practice, clinical care, research, training, and support to improve youth-centered, community-based care for adolescents and young adults while enhancing the capacity of community and Title V state programs;
- **Integrates** biological, developmental, mental and behavioral health, social, economic, educational, and environmental health training within a public health framework;
- **Emphasizes** technical assistance, continuing education, and collaboration with state and local public health, education, youth development, and human services agencies and providers with a maternal and child health focus; and
- **Develops, enhances, or improves** evidence-based patient-centered, family-involved, culturally competent, community-based care plans and practices for adolescents and young adults.



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PROGRAM IMPACT

Reach

In FY 2015, over 92% of LEAH program graduates (5 years following completion of program) were engaged in work related to MCH populations and 94% demonstrated field leadership in academic, clinical, public health practice and/or public policy and related activities.

Faculty

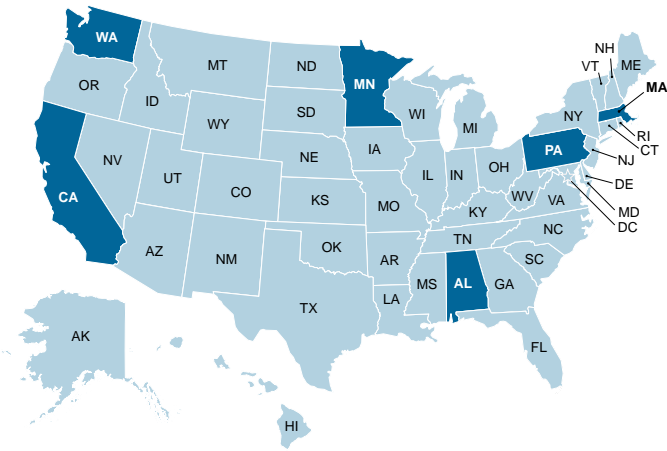
LEAH faculty served on the Healthy People 2020 Adolescent Health Workgroup, bringing the scholarship, practical experience, and inter-professional approach to the public health framework. LEAH faculty and trainees gave clinical, research, and policy presentations and provided over 750 continuing education courses to advance the field and provide workforce development in adolescent health.

Core faculty at each site include pediatricians and internists who are sub-boarded in adolescent medicine, nurses, psychologists, nutritionists, and social workers. Faculty oversee the clinical experiences of trainees, as well as research, field experiences, and academic performance. Faculty also engage in clinical health services and social epidemiological research and provide continuing education and technical assistance for the health professional and policymaking communities.

Title V

In FY 2015, all seven LEAH programs reported collaborating with state Title V (MCH) agencies or other MCH-related programs on 1,131 activities in areas of service, training, continuing education, technical assistance, product development and research.

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PROJECT LOCATIONS

Alabama

- University of Alabama at Birmingham

California

- Children's Hospital Los Angeles
- University of California, San Francisco

Massachusetts

- Boston Children's Hospital

Minnesota

- University of Minnesota, Minneapolis

Pennsylvania

- Children's Hospital of Philadelphia

Washington

- University of Washington, Seattle

DIVISION OF MCH WORKFORCE DEVELOPMENT (DMCHWD)

DMCHWD, part of HRSA's Maternal and Child Health Bureau, provides national leadership and direction in educating and training our nation's future leaders in maternal and child health (MCH).

Special emphasis is placed on the development and implementation of inter-professional, family-centered, community-based and culturally competent systems of care across the entire life course with experiences in one life stage shaping health in later stages.

DMCHWD supports programs established in federal legislation ([Title V of the Social Security Act](#) and the [Autism CARES Act](#)) to complement state and local health agency efforts. DMCHWD collaborates with state MCH programs, academic institutions, professional organizations, and other health training programs of the federal government to ensure that MCH initiatives are unique and based on evidence-based practices.

In FY 2016, DMCHWD awarded 161 grants, an investment of approximately \$47 million. Grants are awarded to develop trainees for leadership roles in the areas of:

- MCH teaching,
- Research,
- Clinical practice, and/or
- Public health administration and policy making.