

Children’s Healthy Weight Collaborative Improvement and Innovation Network (CHW-CoiIN) Fact Sheet

PROGRAM PURPOSE

Using a state-to-state network, the Children’s Healthy Weight Collaborative Improvement and Innovation Network (CHW-CoiIN) supports MCH State Title V Programs in adopting evidence-based or evidence-informed policies and practices related to nutrition, physical activity, and breastfeeding to promote healthy weight among all children, including those with special health care needs. This program, coordinated by the Association of State Public Health Nutritionists (ASPHN), strengthens states’ efforts to address National Performance Measures (NPMs) as well as the National Outcome Measure (NOM) related to healthy weight.

Using Collaborative Innovation Network (CoIN) methodology, the CHW-CoiIN is gathering best practices and will act as a catalyst for programmatic and systems-level change, accelerating improvement and innovation to achieve the greatest collective impact at the state level. Multidisciplinary state teams work on Plan-Do-Study-Act (PDSA) cycles and participate in structured collaborative learning and quality improvement (QI) methods to adapt new and innovative strategies to the conditions within their own state. The CHW-CoiIN seeks to increase the workforce capacity of state Title V MCH programs by increasing the knowledge and spread of QI methodology within states to address childhood obesity. Learn more about the CHW-CoiIN and state teams at: <https://asphn.org/childrens-healthy-weight-coiin>.

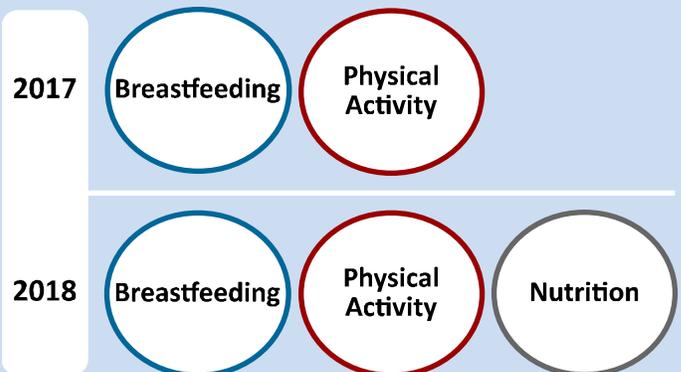
PROGRAM PARTNERSHIP

Key partners include the Association of Maternal and Child Health Programs (AMCHP), the U.S. Breastfeeding Committee (USBC), the National Physical Activity Society (NPAS), and Young Invincibles. The CHW-CoiIN will align with other MCHB investments, including Healthy Start, the Maternal, Infant, and Early Childhood Home Visiting Program, and Early Childhood Comprehensive Systems, and will build on lessons learned from the Pediatric Obesity Mini CoIN.

STATE TEAMS

Currently, 18 state teams representing 13 unique states are participating in the Children’s Healthy Weight CoiIN.

State teams focus on breastfeeding or physical activity during the first year of the CHW-CoiIN, and all teams additionally integrate a focus on nutrition in the second year.



- **Breastfeeding.** State teams are establishing new policies or practices that address social and ecological barriers to breastfeeding.
- **Physical activity.** State teams are increasing the number of schools and programs implementing components of the Comprehensive School Physical Activity Program (CSPAP) model.
- **Innovative Nutrition Integration.** All teams focus on supporting the integration of nutrition in Title V.



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